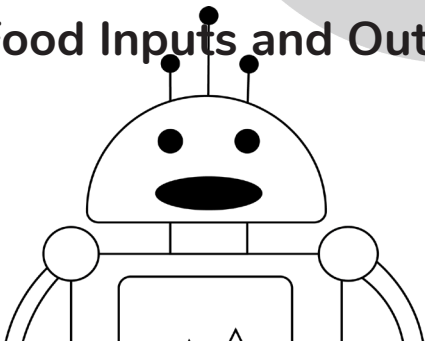


Date: \_\_\_\_\_

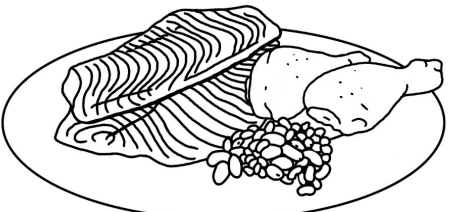
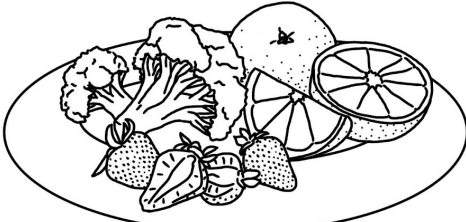
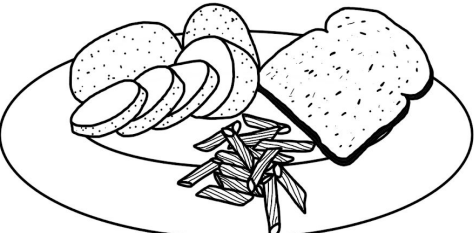
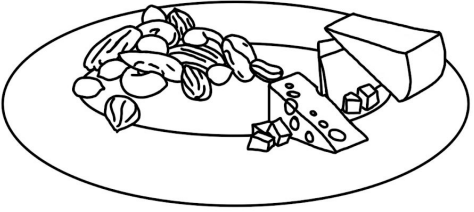
Name: \_\_\_\_\_

# Food Inputs and Outputs

This activity was created by Brenna.



Esiw the Robot is studying people to learn more about them. They have noticed that our bodies are like machines, and different food inputs help our bodies in different ways. Can you match the food to how it helps your body stay healthy? Draw lines to connect each input to its output.

Input
 (beans, fish, chicken)
 (oranges, broccoli, berries)
 (potatoes, bread, pasta)
 (nuts and cheese)

Output
Fats for healthy skin
Carbohydrates for energy
Vitamins and minerals for growth and nourishment
Protein for muscle growth