

Date: _____

Name: _____

Our Body's Superheroes!

This activity was created by Kajal.

Did you know that our body is always fighting off diseases and viruses? Our body's superheroes are our tears, skin and white blood cells. That's right! Tears aren't only there to make you sad, they actually keep our eyes moist so that germs can't enter our body. Our skin protects us from bad bacteria and white blood cells fight off any bacteria that gets in!

Can you finish drawing what you think your body's superhero team looks like in the box below? Do they wear capes or uniforms? Don't forget to color it in!

